



Virtual maternity support



Meet Maven. Your source for personalized 24/7 virtual support and guidance for your pregnancy, postpartum and newborn journey. You and your partner can meet with providers anytime day or night so you can get the support you need.

With Maven, you can:

- Book virtual appointments or message with providers in 35+ specialties including OB-GYNs, doulas and lactation counselors
- Join drop-in groups
- Read clinically vetted articles
- Take on-demand classes, like Pregnancy 101 and Infant CPR.

Not sure where to begin? Your dedicated Care Advocate can help you find the right providers and be a constant source of support throughout your journey.

The best part? You get a membership to Maven at no additional cost through your employer – no copays or out-of-pocket costs for Maven visits.



Visit
[uhc.care/
mavenclinic](https://uhc.care/mavenclinic)
or download the
Maven Clinic app.

**United
Healthcare®**

MAVEN

Maven provides information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Members are encouraged to discuss with their doctor how the information provided may be right for them. Your health information is kept confidential in accordance with the law. Maven is not an insurance program and may be discontinued at any time. This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply. All trademarks are the property of their respective owners.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

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